U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

## FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 6383	2. Fiscal Year Covered From:  1		
3. Name and address of person filing.	4. Name, file number, and address of labor organization.		
Name John F Hegarty	Name National Postal Mail Handlers Union  Labor Organization File Number 000-505		
P.O. Box, Bldg., Room No., if any Room # 500	P.O. Box, Building and Room Number, if any Room # 500		
Street 1101 Connecticut Avenue, NW	Street 1101 Connecticut Avenue, NW		
City Washington	City Washington		
State District of Columbia ZIP Code + 4 20036-4304	State District of Columbia ZIP Code + 4 20036-4304		
5. Position in labor organization. National President			

Enter appropriate data below if, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.				
6. Name and address of Employer (including	trade name, if any).	7.a, Nature of Interest, Transaction, or Income.		
Name				
Trade Name, if any:				
P.O. Box, Bidg., Room No., if any				
		7.b. Amount.		
Street				
City				
State	ZIP Code + 4			

## Signature

15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information
submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the
undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)

Signed

\_\_\_\_

on <u>5/4/03</u>

202 833-9095

Telephone Number

Name of Person	Filing	John	Hegarty

File Number U- 6383

B. Held an interest in or derived income of economic benefit with monetary val substantial part of which consists of buying from, selling or leasing to, or other of an employer whose employees your labor organization represents or is activity (2) any part of which consists of buying from or selling or leasing directly or indicating with your labor organization or with a trust in which your labor organization.	wise dealing with the business vely seeking to represent, or irectly to, or otherwise
8. Name and address of Business (including trade name, if any).  Name First Health  Trade Name, if any:  P.O. Box, Bldg., Room No., if any  Street 3200 Highland Avenue  City Downers Grove  State Illinois ZIP Code + 4 60515	9. Business deals with:  X a. Labor Organization b. Trust c. Employer
10. If 9.b. or 9.c. is checked give trust or employer's name.  Name  Trade Name, if any:  P.O. Box, Bldg., Room No., if any	11.a. Nature of such dealing.  First Health administers the Union sponsored health plan
Street  City  State  ZIP Code + 4	11.b. Approximate dollar value of such dealing. OVER two billion  12.a. Nature of interest held or income received.  See attached listing.
	12.b. Amount. best estinate #1480-1845

or from any labor relations consultant to an employer any payment of money or other thing of value.			
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).		14.a. Nature of payment.	
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street			
City			
State	ZIP Ccde + 4		
13.b. Is the Business an Employer	or Consultent	?	14.b. Amount of payment.

File number; U6383, John F. Hegarty, Calendar Year 2005

January 11, 2005. Dinner meeting. Amount unknown. Best estimate 65-85 dollars.

February 3, 2005. Dinner, self, spouse and son. Amount unknown. Best estimate 160-200 dollars.

February 16-18. Health Plan meeting. Two nights hotel room. Amount unknown. Best estimate 250-300 dollars. Group activity. Amount unknown. Best estimate 80-120 dollars. One reception, amount unknown. Best estimate 20-40 dollars. Meals, two breakfasts, two lunches, one dinner. Amount unknown, best estimate 100-140 dollars.

March 3-4, 2005. Local Union function. Self and Spouse, two dinners. Amounts unknown, best estimate 250-290 dollars.

March 21, 2005. Lunch. Amount unknown. Best estimate 25-30 dollars.

August 4, 2005. Lunch, self and spouse. Amount unknown. Best estimate 30-40 dollars.

October 6-9. Health Plan meeting. Self and spouse. Airport transportation, amount unknown, best estimate 30 dollars. Gift bag and picture frame, amount unknown, best estimate 24 dollars. Two breakfasts, two lunches, three dinners, amounts unknown, best estimate 500-600 dollars.

